

Outpatient/

Intensive Outpatient

Services

DBT & 12-Steps
Mon 1830-2030

Relapse Prevention
Tues 1830-2030

Illness Management Recovery
Wed 1730-1830

Anger Management
Thurs 1830-2030

Seeking Safety/Trauma Recovery
Fri 1830-2030

Early Recovery
Sat 1000-1200

Family Education/
Understanding Addiction
Sat 1230-1430

Advanced Recovery Skills
Sat 1500-1700

Wisdom to Know the Difference
Sat 1730-1930

Open Groups

Living Live Fully
Mon-Sun 0500-0600

Life Skills
Mon, Fri 1600-1700

Living in an Unpredictable
World (MRT)
Tues 1600-1700

Stages of Change
Wed 1600-1700

Spiritual Pathways
Thurs 1600-1700

Dual Recovery
Thurs 1730-1830

Individual Services

(as scheduled)

Individual Counseling
Evaluation

Chemical Dependency
Mental Health
Dual Diagnosis
Case Management
Crisis Stabilization
Crisis Counseling

Groups Not Current But Available with Referral

Family Values

DBT Skills Group

Strategies for Self-
Improvement and
Change

MRT – How to Escape
Your Prison

And....?